

2 - 1ª jornada, 2ª sesión

02/12/2023

Prueba 12
02/12/2023

Fem., 200m Libre

Absoluto Femenino
Resultados

Clasificación	AN		Tiempo	
1. DENBY, Kennedy Hope	05	C.D.N. Nadamas Las Marinas	2:04.06	19,00 -
50m: 29.65 29.65	100m: 1:00.88	31.23 150m: 1:32.54 31.66	200m: 2:04.06	31.52
2. SOSA HERNANDEZ, Andrea Esther	04	C.N. Martianez Coral Hotels	2:10.20	16,00 -
50m: 30.70 30.70	100m: 1:03.56	32.86 150m: 1:36.85 33.29	200m: 2:10.20	33.35
3. BASILI, Veronica	08	C.N. Teneteide	2:12.29	14,00 -
50m: 31.04 31.04	100m: 1:04.00	32.96 150m: 1:37.97 33.97	200m: 2:12.29	34.32
4. BELLO CODINA, Julia	08	C.N. Las Palmas	2:12.89	13,00 -
50m: 31.39 31.39	100m: 1:05.92	34.53 150m: 1:40.25 34.33	200m: 2:12.89	32.64
5. EXPOSITO AFONSO, Maria	02	C.N. Teneteide	2:13.05	12,00 -
50m: 31.44 31.44	100m: 1:04.87	33.43 150m: 1:39.68 34.81	200m: 2:13.05	33.37
6. RUIZ REYES, Raquel	07	C.N. Las Palmas	2:13.34	11,00 -
50m: 31.40 31.40	100m: 1:05.31	33.91 150m: 1:39.76 34.45	200m: 2:13.34	33.58
7. RIJO MARTIN, Sara	08	Esna Lanzarote	2:13.37	10,00 -
50m: 31.77 31.77	100m: 1:05.51	33.74 150m: 1:39.90 34.39	200m: 2:13.37	33.47
8. SANCHEZ CABAÑAS, Naira	00	A.D. Santa Cruz	2:15.80	9,00 -
50m: 30.61 30.61	100m: 1:04.59	33.98 150m: 1:39.77 35.18	200m: 2:15.80	36.03
9. PEREZ MUÑOZ, Claudia	08	Esna Lanzarote	2:16.75	8,00 -
50m: 32.22 32.22	100m: 1:06.37	34.15 150m: 1:41.86 35.49	200m: 2:16.75	34.89
10. DUQUE BROUARD, Elena	10	C.B. Dominicas Vistabella	2:19.84	7,00 -
50m: 32.91 32.91	100m: 1:08.03	35.12 150m: 1:43.87 35.84	200m: 2:19.84	35.97
11. SUÁREZ MACÍAS, Gabriela	09	C.N. Aguacan	2:21.50	6,00 -
50m: 32.06 32.06	100m: 1:08.22	36.16 150m: 1:45.20 36.98	200m: 2:21.50	36.30
12. PIÑERO STEGENSEK, Elisa	08	C.B. Dominicas Vistabella	2:22.36	5,00 -
50m: 33.35 33.35	100m: 1:09.67	36.32 150m: 1:45.99 36.32	200m: 2:22.36	36.37
13. QUESADA GARCIA, Yanel	04	Cn.Salinas Sta.Lucia	2:23.55	4,00 -
50m: 33.05 33.05	100m: 1:09.33	36.28 150m: 1:46.89 37.56	200m: 2:23.55	36.66
14. ANDREWS, holly Annie	10	C.D.N. Nadamas Las Marinas	2:23.75	3,00 -
50m: 31.59 31.59	100m: 1:07.95	36.36 150m: 1:46.30 38.35	200m: 2:23.75	37.45
15. HERNANDEZ ALMENARA, Laia	08	A.D. Santa Cruz	2:24.23	2,00 -
50m: 33.68 33.68	100m: 1:09.79	36.11 150m: 1:46.05 36.26	200m: 2:24.23	38.18
16. SARMIENTO OJEDA, Andrea	12	C.N. Aguacan	2:24.75	1,00 -
50m: 32.48 32.48	100m: 1:09.14	36.66 150m: 1:47.65 38.51	200m: 2:24.75	37.10
17. MOURE GAO, Natalia	11	C.N. Los Cristianos	2:28.04	- -
50m: 34.57 34.57	100m: 1:12.00	37.43 150m: 1:51.36 39.36	200m: 2:28.04	36.68
18. SANTANA FLORES, Ainhoa	01	Cn.Faynagua C. Telde	2:28.81	- -
50m: 33.94 33.94	100m: 1:11.37	37.43 150m: 1:50.21 38.84	200m: 2:28.81	38.60
19. JUGLAIR, Loane	07	C.N. Los Cristianos	2:30.24	- -
50m: 35.27 35.27	100m: 1:13.41	38.14 150m: 1:52.36 38.95	200m: 2:30.24	37.88
20. GODOY GARCIA, Gara	07	C.P.Santa Mª De Guía	2:31.60	- -
50m: 36.06 36.06	100m: 1:14.09	38.03 150m: 1:53.33 39.24	200m: 2:31.60	38.27
21. QUINTANA SUAREZ, Miriam	10	Club Deportivo Agaeterun	2:32.15	- -
50m: 35.72 35.72	100m: 1:14.31	38.59 150m: 1:54.06 39.75	200m: 2:32.15	38.09
22. DELGADO BARDON, Alicia	07	R.C. Náutico De Tenerife	2:32.27	- -
50m: 40.22 40.22	100m: 1:13.84	33.62 150m: 1:54.17 40.33	200m: 2:32.27	38.10

Prueba 12, Fem., 200m Libre, Absoluto Femenino

Clasificación						AN						Tiempo			
23.	MEDINA HERNÁNDEZ, Sofía	07						C.N. Martiane Coral Hotels					2:37.89	-	-
	50m: 34.77 34.77 100m: 1:13.71							38.94 150m: 1:56.17 42.46	200m: 2:37.89	41.72					
24.	FLORA LELAJ, Mirela	11						Cn.Salinas Sta.Lucia					2:38.91	-	-
	50m: 37.01 37.01 100m: 1:17.54							40.53 150m: 1:59.18 41.64	200m: 2:38.91	39.73					
25.	MARTIN MARTIN, Nerea	11						C.D. Nonadamos					2:40.09	-	-
	50m: 36.09 36.09 100m: 1:18.51							42.42 150m: 2:01.37 42.86	200m: 2:40.09	38.72					
26.	RIOS DE LA ROSA, Andrea	07						R.C. Náutico De Tenerife					2:51.35	-	-
	50m: 38.47 38.47 100m: 1:21.64							43.17 150m: 2:06.42 44.78	200m: 2:51.35	44.93					
27.	CARRASCOSA SANTAMARIA, Sara	08						Cn.Faynagua C. Telde					2:52.53	-	-
	50m: 38.09 38.09 100m: 1:23.14							45.05 150m: 2:08.91 45.77	200m: 2:52.53	43.62					
28.	SOSA RODRÍGUEZ, Martina	09						C.D. Herbania					2:52.97	-	-
	50m: 38.62 38.62 100m: 1:21.92							43.30 150m: 2:09.04 47.12	200m: 2:52.97	43.93					
29.	ALONSO UMBRÍA, Maya	10						C.D. N. Bentacu-Laguna					2:56.84	-	-
	50m: 38.44 38.44 100m: 1:23.31							44.87 150m: 2:12.12 48.81	200m: 2:56.84	44.72					
30.	ROJAS SOCAS, Ester	10						C.D. N. Bentacu-Laguna					2:57.48	-	-
	50m: 37.59 37.59 100m: 1:21.33							43.74 150m: 2:08.79 47.46	200m: 2:57.48	48.69					
31.	NARANJO NOVAL, Lucía	10						C.D. Herbania					2:57.87	-	-
	50m: 38.12 38.12 100m: 1:24.32							46.20 150m: 2:12.78 48.46	200m: 2:57.87	45.09					
32.	SANTANA RÍO, Leire	12						Club Deportivo Agaeterun					3:07.28	-	-
	50m: 42.52 42.52 100m: 1:30.76							48.24 150m: 2:19.94 49.18	200m: 3:07.28	47.34					
NP	MORALES GONZÁLEZ, Aroa	08						C.N. Aguacan						-	-
Baja	BINEATA SARGHI, Beatrice Valeria	07						C.D. Nonadamos						-	-

Prueba 13
02/12/2023

Masc., 400m Estilos

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. MACARIO MOLINA, Joan	05	C.N. Las Palmas
50m: 30.31 30.31 150m: 1:41.79		4:38.84 19,00 -
100m: 1:04.94 34.63 200m: 2:17.41		4:08.68 31.19
2. CAPLLONCH DE UÑA, Ismael	07	C.N. Teneteide
50m: 30.56 30.56 200m: 2:24.43		4:42.21 16,00 -
100m: 1:05.23 34.67 250m: 3:03.71		4:42.21 28.90
3. ELMAALOU FERNANDEZ, Tarek Ouk06		C.N. Los Cristianos
50m: 32.14 32.14 150m: 1:46.22		4:42.93 14,00 -
100m: 1:07.96 35.82 200m: 2:23.12		4:12.63 31.67
4. HENRIQUEZ GARCIA, Lucas	07	C.N. Las Palmas
50m: 31.05 31.05 150m: 1:44.45		4:42.99 13,00 -
100m: 1:05.03 33.98 200m: 2:23.20		4:12.26 31.65
5. LORENÇO FERREIRA, Gustavo	06	C.D.N. Nadamas Las Marinas
50m: 30.38 30.38 150m: 1:42.64		4:43.48 12,00 -
100m: 1:04.74 34.36 200m: 2:17.79		4:13.71 30.82
6. CERPA CABALLERO, Jonay Salvador	99	C.N. Aguacan
50m: 30.26 30.26 150m: 1:45.01		4:48.50 11,00 -
100m: 1:05.63 35.37 200m: 2:22.53		4:16.06 32.98
7. GUADALUPE NEGRIN, Jorge Ramses	03	A.D. Santa Cruz
50m: 30.56 30.56 200m: 2:20.56		4:54.11 10,00 -
100m: 1:04.74 34.18 300m: 3:46.06		1:15.82 4:54.11 1:08.05
8. RAVELO SUAREZ, Antonio Jesus	09	C.B. Dominicas Vistabella
50m: 32.14 32.14 150m: 1:46.45		4:55.43 9,00 -
100m: 1:08.82 36.68 200m: 2:24.26		4:55.43 1:05.85

Prueba 13, Masc., 400m Estilos, Absoluto Masculino

Clasificación	AN				Tiempo			
9. LUIS ALVAREZ, Oscar	02	A.D. Santa Cruz	5:02.45	8,00	-			
50m: 30.98 30.98	150m: 1:48.17	41.45	250m: 3:13.58	45.44	350m: 4:31.68	32.91		
100m: 1:06.72 35.74	200m: 2:28.14	39.97	300m: 3:58.77	45.19	400m: 5:02.45	30.77		
10. DUQUE BROUARD, Daniel	08	C.B. Dominicas Vistabella	5:03.53	7,00	-			
50m: 30.44 30.44	150m: 1:45.73	40.28	250m: 3:11.04	45.81	350m: 4:30.31	32.72		
100m: 1:05.45 35.01	200m: 2:25.23	39.50	300m: 3:57.59	46.55	400m: 5:03.53	33.22		
11. SUAREZ NAVARRO, Liván José	08	C.N. Metropole	5:03.67	6,00	-			
50m: 32.47 32.47	150m: 1:49.42	41.32	250m: 3:11.98	43.08	350m: 4:30.37	35.10		
100m: 1:08.10 35.63	200m: 2:28.90	39.48	300m: 3:55.27	43.29	400m: 5:03.67	33.30		
12. FERNANDEZ ACUÑA, Airam	07	C.N. Teneteide	5:04.04	5,00	-			
50m: 31.15 31.15	150m: 1:49.42	41.52	250m: 3:12.96	42.80	400m: 5:04.04	1:06.32		
100m: 1:07.90 36.75	200m: 2:30.16	40.74	300m: 3:57.72	44.76				
13. PADRON MIGUELEZ, Matias	08	C.D.N. Nadamas Las Marinas	5:04.05	4,00	-			
50m: 31.81 31.81	150m: 1:47.64	38.87	250m: 3:11.43	45.17	350m: 4:32.24	32.80		
100m: 1:08.77 36.96	200m: 2:26.26	38.62	300m: 3:59.44	48.01	400m: 5:04.05	31.81		
14. RODRIGUEZ GARCIA-AJENJO, Alberto	06	C.N. Metropole	5:04.31	3,00	-			
50m: 31.45 31.45	150m: 1:51.25	43.10	250m: 3:13.15	39.39	350m: 4:31.34	36.19		
100m: 1:08.15 36.70	200m: 2:33.76	42.51	300m: 3:55.15	42.00	400m: 5:04.31	32.97		
15. BOTELLO DE LA VEGA, Manuel	06	C.N. Los Cristianos	5:05.29	2,00	-			
50m: 30.86 30.86	150m: 1:46.45	40.37	250m: 3:12.29	45.45	350m: 4:33.09	34.32		
100m: 1:06.08 35.22	200m: 2:26.84	40.39	300m: 3:58.77	46.48	400m: 5:05.29	32.20		
16. FDEZ BERMUDEZ, Iker	06	Esna Lanzarote	5:06.02	1,00	-			
50m: 32.45 32.45	150m: 1:48.95	40.13	250m: 3:12.99	44.82	350m: 4:33.50	34.25		
100m: 1:08.82 36.37	200m: 2:28.17	39.22	300m: 3:59.25	46.26	400m: 5:06.02	32.52		
17. CARRERO SERRANO, Marcos Daniel	09	C.D. Herbania	5:08.11	-	-			
50m: 31.12 31.12	150m: 1:46.27	38.95	250m: 3:08.80	43.27	350m: 4:32.50	38.82		
100m: 1:07.32 36.20	200m: 2:25.53	39.26	300m: 3:53.68	44.88	400m: 5:08.11	35.61		
18. COLODRERO MUÑOZ, Ivan	09	Esna Lanzarote	5:16.17	-	-			
50m: 33.95 33.95	150m: 1:53.09	39.98	250m: 3:21.57	48.73	350m: 4:43.08	32.87		
100m: 1:13.11 39.16	200m: 2:32.84	39.75	300m: 4:10.21	48.64	400m: 5:16.17	33.09		
19. SANTANA RAMIREZ, Adrian	08	Cn.Salinas Sta.Lucia	5:23.20	-	-			
50m: 33.61 33.61	150m: 1:56.68	41.59	250m: 3:26.14	48.42	350m: 4:49.61	35.35		
100m: 1:15.09 41.48	200m: 2:37.72	41.04	300m: 4:14.26	48.12	400m: 5:23.20	33.59		
20. OUBIÑA CORVALAN, Marcos A	05	Cn.Faynagua C. Telde	5:29.39	-	-			
50m: 35.08 35.08	150m: 1:58.96	43.78	250m: 3:30.30	47.46	350m: 4:54.39	36.76		
100m: 1:15.18 40.10	200m: 2:42.84	43.88	300m: 4:17.63	47.33	400m: 5:29.39	35.00		
21. VARELA MESA, Raul	05	R.C. Náutico De Tenerife	5:41.31	-	-			
50m: 34.31 34.31	200m: 2:51.16	1:33.15	400m: 5:41.31	1:16.24				
100m: 1:18.01 43.70	300m: 4:25.07	1:33.91						
22. ELVIRA GLAUBITZ, Alejandro	00	C.D. Nonadamos	5:48.55	-	-			
50m: 34.81 34.81	150m: 2:01.71	45.43	250m: 3:39.61	53.75	350m: 5:11.42	39.80		
100m: 1:16.28 41.47	200m: 2:45.86	44.15	300m: 4:31.62	52.01	400m: 5:48.55	37.13		
23. ZAMORANO MARCANO, Alejandro	11	Cn.Salinas Sta.Lucia	5:52.18	-	-			
50m: 35.21 35.21	150m: 2:02.74	44.05	250m: 3:36.00	49.87	350m: 5:10.16	41.74		
100m: 1:18.69 43.48	200m: 2:46.13	43.39	300m: 4:28.42	52.42	400m: 5:52.18	42.02		
24. SANCHEZ BELDA, Jorge	07	R.C. Náutico De Tenerife	6:27.97	-	-			
50m: 37.76 37.76	150m: 2:19.62	57.24	250m: 4:13.39	53.85	350m: 5:49.65	40.72		
100m: 1:22.38 44.62	200m: 3:19.54	59.92	300m: 5:08.93	55.54	400m: 6:27.97	38.32		
DSQ QUIJADA PÉREZ, Saúl Alejandro	10	C.D. N. Bentacu-Laguna						
DSQ QUINTERO ROSICH, Néstor	09	C.D. N. Bentacu-Laguna						
DSQ AVERO RODRIGUEZ, Aday	07	C.D. Herbania						
DVI - Desc Viraje Irregular								
DSQ HENRIQUEZ HERNANDEZ, Rafael	87	C.N. Aguacan						
DVI - Desc Viraje Irregular								

Prueba 13, Masc., 400m Estilos, Absoluto Masculino

Clasificación	AN	Tiempo
DSQ CARAMÉS HUERTAS, Oriol <i>DVI - Desc Viraje Irregular</i>	08 Cn.Faynagua C. Telde	- -
NP RODRIGUEZ DIAZ, Javier	08 C.N. Teneteide	- -
NP MANNANOV, Eduard	86 C.N. Metropole	- -
NP VAN KERKHOF REGUERO, Jesper	09 Cn.Faynagua C. Telde	- -
Baja PADRON MARTIN, Echedey	07 C.D. Nonadamos	- -

Prueba 14
02/12/2023

Fem., 50m Mariposa

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. QUINTILLA MODREGO, Laia	88 Club Deportivo Agaeterun	28.94 19,00 -
2. NODA SÁEZ, Isabel	06 C.D. N. Bentacu-Laguna	29.46 16,00 -
3. WOLGESCHAFFEN FERNANDEZ, Sofi	06 C.N. Reales	29.86 14,00 -
4. LABRADOR CASTILLA, Paula Daopin	05 C.N. Reales	30.53 13,00 -
5. ROMERO BASTERRECHEA, Paula	97 C.N. Aguacan	30.91 12,00 -
6. PULIDO MAYOR, Sheila	98 Cn.Faynagua C. Telde	30.92 11,00 -
7. ARBELO ESTEVEZ, Patricia	11 C.N. Teneteide	31.14 10,00 -
8. RODRIGUEZ COLMENARES, Bella Sofi	09 C.N. Los Cristianos	31.65 9,00 -
9. POMPIDOU, Eva Océane	00 C.N. Martianeze Coral Hotels	31.75 8,00 -
10. GARCIA GONZALEZ, Sara	06 C.D. Herbania	32.09 7,00 -
11. ZEMIER, Natalia	09 C.N. Las Palmas	32.16 6,00 -
12. DIAZ RODRIGUEZ, Grisela	02 Cn.Faynagua C. Telde	32.24 5,00 -
13. CERPA CABALLERO, Xiomara Mª	01 C.N. Aguacan	32.54 4,00 -
14. PULIDO SOSA, Valeria	10 C.N. Las Palmas	32.70 2,50 -
BORNAGHI, Roberta Elisa	83 C.D.N. Nadamas Las Marinas	32.70 2,50 -
16. DIAZ CORTES, Nerea	06 C.D. Herbania	32.98 1,00 -
17. GARRIDO ALONSO, Lucia	09 C.B. Dominicas Vistabella	33.67 - -
18. RODRÍGUEZ GARCÍA, Iris	07 C.D. N. Bentacu-Laguna	33.94 - -
19. SOSA HERNÁNDEZ, Michelle Dayana	08 C.N. Martianeze Coral Hotels	34.00 - -
20. MARTIN GONZALEZ DE CHAVES, Mar	08 R.C. Náutico De Tenerife	34.09 - -
21. CARRO BONILLA, Carlota	08 A.D. Santa Cruz	34.22 - -
22. ADRIAN MARTIN, Sara	10 C.N. Los Cristianos	34.31 - -
23. IZAGUIRRE NESSI, Kassandra Isabel	08 C.N. Teneteide	34.38 - -
24. PARRONI, Desiree	06 Cn.Salinas Sta.Lucia	36.02 - -
25. LIMA MÚJICA, Nicole Adriana	10 C.B. Dominicas Vistabella	36.35 - -
26. DELGADO HERNÁNDEZ, Nora	11 C.D.N. Nadamas Las Marinas	36.58 - -
27. CASTRO MOLINA, Arianna VAleNTina	05 A.D. Santa Cruz	36.89 - -
28. PEREZ RIVERO, Emma	07 Cn.Salinas Sta.Lucia	38.07 - -
29. CEDRES ESPINOSA, Martina	09 Esna Lanzarote	39.12 - -
30. FERNANDEZ ALPERI, Noa	11 C.D. Nonadamos	40.26 - -
31. VARELA MESA, Ines	08 R.C. Náutico De Tenerife	41.85 - -
32. UMPIERREZ REGUERA, Valentina	09 Esna Lanzarote	44.98 - -
NP ROJAS PÉREZ, Reina Chiquinquirá	08 A.D. Santa Cruz	- -
NP SOCAS REYES, Enma	07 C.B. Dominicas Vistabella	- -
Baja TACORONTE PEREZ, Daniela	05 C.P.Santa Mª De Guia	- -

Prueba 15
02/12/2023

Masc., 50m Mariposa

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. STRELKOV, Roberto Ivan	93 C.N. Las Palmas	25.42 19,00 -
2. COELLO TEJERA, Adrian	98 A.D. Santa Cruz	25.92 16,00 -
3. MORERA SANCHEZ, Enrique	03 C.N. Las Palmas	26.08 14,00 -
4. PRIETO RODRIGUEZ, Daniel	00 C.D. Herbania	26.31 13,00 -
5. GONZALEZ NEGRIN, Aquiles	08 C.N. Teneteide	26.36 12,00 -
6. VACCARI, Federico	07 C.N. Metropole	26.38 11,00 -
7. MANZATTO VACCARO, Nicolas	06 Esna Lanzarote	26.52 10,00 -
8. TOGORES RODRIGUEZ, Domingo	97 A.D. Santa Cruz	26.53 9,00 -
9. VALLEJO BUCK, Manuel Philipp	05 C.N. Metropole	26.99 8,00 -
10. MERINO MONTES DE OCA, Alvaro	01 R.C. Náutico De Tenerife	27.05 7,00 -
11. PEREZ GONZALEZ, Fco Javier	90 C.N. Reales	27.54 6,00 -
12. LOPEZ GARCIA, Andreas	98 Cn.Salinas Sta.Lucia	27.74 5,00 -
13. GONZALEZ BAIK, Ángel Nuri	04 C.D. N. Bentacu-Laguna	28.02 4,00 -
14. CARRASCOSA HESTER, Tomas	04 C.D.N. Nadamas Las Marinas	28.20 3,00 -
15. CARRO BONILLA, Cristobal	04 R.C. Náutico De Tenerife	28.35 2,00 -
16. MORALES LEMES, Marcos	05 C.N. Teneteide	28.59 1,00 -
17. PERALES SILVA, Francisco	09 C.N. Los Cristianos	28.65 - -
18. TAMBINI, Daniele	90 C.D.N. Nadamas Las Marinas	28.70 - -
19. MENDOZA VEGA, Jorge	06 C.P.Santa Mª De Guia	28.91 - -
20. LEÓN RODRÍGUEZ, Gerardo	08 C.N. Martianez Coral Hotels	28.92 - -
21. GONZALEZ DE ARMAS, Betuel	82 C.B. Dominicas Vistabella	29.16 - -
22. CABRERA GARCIA, Dario	00 C.N. Aguacan	29.29 - -
23. ALAMO SANTOS, Alberto Bruno	07 Club Deportivo Agaeterun	29.55 - -
24. GONZALEZ SUAREZ, Ivan	92 C.N. Reales	29.60 - -
25. SÁNCHEZ EDODEY, Fabio	08 C.N. Martianez Coral Hotels	29.88 - -
26. KEY RAMÍREZ, Octavio José	10 C.D. N. Bentacu-Laguna	30.37 - -
27. FALCON LORENZO, Javier	94 Cn.Faynagua C. Telde	30.83 - -
28. SANTANA REYES, Carmelo	03 Cn.Faynagua C. Telde	30.93 - -
29. CALLERO MURILLO, Javier	07 Esna Lanzarote	31.05 - -
30. PLAKHOTNYI, Artur	08 C.N. Los Cristianos	31.25 - -
31. VIERA VIERA, Acoran	03 C.D. Nonadamos	31.31 - -
32. RIOS ROMERO, Joaquin	04 C.D. Nonadamos	32.10 - -
33. LUGO SÁNCHEZ, Lucas	09 C.B. Dominicas Vistabella	32.68 - -
34. NUEZ CRUZ, Gadiel	09 C.N. Aguacan	32.98 - -
35. PEREZ MONROY, Javier	09 Cn.Salinas Sta.Lucia	34.65 - -
36. AVERO RODRIGUEZ, Angel	11 C.D. Herbania	35.33 - -
37. DAMIANI, Giorgio	12 Club Deportivo Agaeterun	35.88 - -
NP CHAVARREN CORUJO, Asier	98 C.N. Aguacan	- -
NP OUBIÑA CORVALAN, Marcos A	05 Cn.Faynagua C. Telde	- -
NP NASSEREDDINE MESA, Nash	09 C.B. Dominicas Vistabella	- -

Prueba 16
02/12/2023

Fem., 200m Braza

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. VAZQUEZ HDEZ, Lucia	06 C.D.N. Nadamas Las Marinas	2:42.92 19,00 -
50m: 38.24 38.24 100m: 1:20.35 42.11 150m: 2:01.26 40.91 200m: 2:42.92 41.66		
2. FERNANDEZ VIEIRA, Carolina	08 C.N. Teneteide	2:47.09 16,00 -
50m: 39.69 39.69 100m: 1:22.25 42.56 150m: 2:04.59 42.34 200m: 2:47.09 42.50		
3. CALVICHE FERNANDEZ, Nazaret	87 A.D. Santa Cruz	2:47.70 14,00 -
50m: 40.42 40.42 100m: 1:23.47 43.05 150m: 2:06.22 42.75 200m: 2:47.70 41.48		

Prueba 16, Fem., 200m Braza, Absoluto Femenino

Clasificación	AN				Tiempo			
4. BASILI, Eleonora	06	C.N. Teneteide	2:48.49	13,00	-			
50m: 39.20 39.20	100m: 1:21.46	42.26 150m: 2:04.42	42.96	200m: 2:48.49	44.07			
5. LOPEZ GARCIA, Lorena	04	C.N. Reales	2:50.69	12,00	-			
50m: 40.09 40.09	100m: 1:23.28	43.19 150m: 2:07.10	43.82	200m: 2:50.69	43.59			
6. FRANCOS PINEDA, Carlota	05	C.N. Reales	2:52.32	11,00	-			
50m: 39.56 39.56	100m: 1:24.65	45.09 150m: 2:09.39	44.74	200m: 2:52.32	42.93			
7. HERNANDEZ ALMENARA, Nerea	07	A.D. Santa Cruz	2:54.17	10,00	-			
50m: 41.89 41.89	100m: 1:26.72	44.83 150m: 2:12.07	45.35	200m: 2:54.17	42.10			
8. NAVARRO OLIVEROS, Micaela	06	Esna Lanzarote	2:55.40	9,00	-			
50m: 40.28 40.28	100m: 1:25.20	44.92 150m: 2:10.39	45.19	200m: 2:55.40	45.01			
9. MEDINA HERNANDEZ, Jade	10	C.N. Las Palmas	2:55.69	8,00	-			
50m: 40.19 40.19	100m: 1:24.99	44.80 150m: 2:10.92	45.93	200m: 2:55.69	44.77			
10. CARDEÑOSA PARRALEJO, Paula	08	Esna Lanzarote	2:56.27	7,00	-			
50m: 40.70 40.70	100m: 1:26.20	45.50 150m: 2:12.41	46.21	200m: 2:56.27	43.86			
11. GONZÁLEZ QUINTANA, Valeria	08	C.B. Dominicas Vistabella	2:57.18	6,00	-			
50m: 39.86 39.86	100m: 1:25.54	45.68 150m: 2:11.98	46.44	200m: 2:57.18	45.20			
12. GOPAR CORDOBEL, Lily Jeanne	07	C.D.N. Nadamas Las Marinas	2:58.04	5,00	-			
50m: 39.08 39.08	100m: 1:25.10	46.02 150m: 2:10.85	45.75	200m: 2:58.04	47.19			
13. ARTILES CARBALLO, Irene	96	C.N. Las Palmas	2:59.21	4,00	-			
50m: 41.34 41.34	100m: 1:26.92	45.58 150m: 2:12.91	45.99	200m: 2:59.21	46.30			
14. MENDEZ RAMMIREZ, Zoe	12	Cn.Salinas Sta.Lucia	3:02.29	3,00	-			
50m: 42.10 42.10	100m: 1:29.24	47.14 150m: 2:16.48	47.24	200m: 3:02.29	45.81			
15. GONZÁLEZ GONZÁLEZ, Janeth	10	C.N. Aguacan	3:03.27	2,00	-			
50m: 42.30 42.30	100m: 1:29.25	46.95 150m: 2:16.81	47.56	200m: 3:03.27	46.46			
16. GLENESK FLORES, Lucia	08	C.D. Herbania	3:06.01	1,00	-			
50m: 42.72 42.72	100m: 1:30.98	48.26 150m: 2:17.85	46.87	200m: 3:06.01	48.16			
17. GODOY FALCON, Mª Daniela	06	C.P.Santa Mª De Guia	3:07.60	-	-			
50m: 43.24 43.24	100m: 1:30.40	47.16 150m: 2:19.88	49.48	200m: 3:07.60	47.72			
18. ROMERO BASTERRECHEA, Andrea	93	C.N. Aguacan	3:08.93	-	-			
50m: 41.85 41.85	100m: 1:30.17	48.32 150m: 2:19.60	49.43	200m: 3:08.93	49.33			
19. ADRIAN MARTIN, Sara	10	C.N. Los Cristianos	3:10.20	-	-			
50m: 44.23 44.23	100m: 1:32.78	48.55 150m: 2:21.70	48.92	200m: 3:10.20	48.50			
20. SOCAS REYES, Ariadna	11	C.B. Dominicas Vistabella	3:12.89	-	-			
50m: 44.72 44.72	100m: 1:34.07	49.35 150m: 2:24.20	50.13	200m: 3:12.89	48.69			
21. HUGO, Jeanne	11	Club Deportivo Agaeterun	3:14.45	-	-			
50m: 44.90 44.90	100m: 1:34.05	49.15 150m: 2:23.73	49.68	200m: 3:14.45	50.72			
22. SANISIDRO HERMIDA, Emma	10	C.N. Los Cristianos	3:16.63	-	-			
50m: 44.79 44.79	100m: 1:34.72	49.93 150m: 2:25.44	50.72	200m: 3:16.63	51.19			
23. PEREZ GONZALEZ DE CHAVES, Clara	10	C.D. N. Bentacu-Laguna	3:19.62	-	-			
50m: 44.36 44.36	100m: 1:35.36	51.00 150m: 2:27.71	52.35	200m: 3:19.62	51.91			
24. TABARES DE NAVA MIRALLES, Beatr	06	R.C. Náutico De Tenerife	3:21.32	-	-			
50m: 45.48 45.48	100m: 1:37.00	51.52 150m: 2:30.51	53.51	200m: 3:21.32	50.81			
25. MELIAN MESA, Anyara	08	C.D. Nonadamos	3:24.30	-	-			
50m: 45.41 45.41	100m: 1:38.51	53.10 150m: 2:32.06	53.55	200m: 3:24.30	52.24			
26. BALLESTER EXPOSITO, Elena	06	Cn.Salinas Sta.Lucia	3:26.51	-	-			
50m: 46.70 46.70	100m: 1:39.14	52.44 150m: 2:32.97	53.83	200m: 3:26.51	53.54			
27. ORAMAS MARTINEZ, Beatriz	07	R.C. Náutico De Tenerife	3:29.98	-	-			
50m: 47.30 47.30	100m: 1:40.12	52.82 150m: 2:35.28	55.16	200m: 3:29.98	54.70			

Prueba 16, Fem., 200m Braza, Absoluto Femenino

Clasificación	AN	Tiempo
28. MINOVIC, Kristina	06 C.D. Herbania	3:31.84 - -
50m: 46.86 46.86 100m: 1:39.71 52.85 150m: 2:36.29 56.58 200m: 3:31.84 55.55		
29. MENDOZA GARCÍA, Alba	11 C.D. N. Bentacu-Laguna	3:32.97 - -
50m: 46.99 46.99 100m: 1:42.40 55.41 150m: 2:39.83 57.43 200m: 3:32.97 53.14		
30. JORGE GARCÍA, Mayka	08 Club Deportivo Agaeterun	3:43.31 - -
50m: 51.17 51.17 100m: 1:46.69 55.52 150m: 2:45.40 58.71 200m: 3:43.31 57.91		
Baja GARCIA MONTESDEOCA, Martina	08 C.D. Nonadamos	- -

Prueba 17
02/12/2023

Masc., 200m Braza

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. RAMIREZ SUAREZ, Daniel	02 C.N. Las Palmas	2:23.63 19,00 -
50m: 32.74 32.74 100m: 1:09.09 36.35 150m: 1:45.92 36.83 200m: 2:23.63 37.71		
2. SANCHEZ MEDINA, Ian	06 C.N. Las Palmas	2:23.85 16,00 -
50m: 33.36 33.36 100m: 1:09.20 35.84 150m: 1:46.29 37.09 200m: 2:23.85 37.56		
3. LEON JULIÁ, Marco	09 R.C. Náutico De Tenerife	2:25.55 14,00 -
50m: 34.45 34.45 100m: 1:11.63 37.18 150m: 1:49.27 37.64 200m: 2:25.55 36.28		
4. AFONSO SUAREZ, Ivan	96 A.D. Santa Cruz	2:25.62 13,00 -
50m: 33.62 33.62 100m: 1:10.13 36.51 150m: 1:47.32 37.19 200m: 2:25.62 38.30		
5. CERES, Inti	05 A.D. Santa Cruz	2:34.75 12,00 -
50m: 35.51 35.51 100m: 1:13.96 38.45 150m: 1:53.43 39.47 200m: 2:34.75 41.32		
6. GIL MOLINA, Yoveri Miguel	04 C.N. Metropole	2:36.30 11,00 -
50m: 35.09 35.09 100m: 1:14.72 39.63 150m: 1:54.85 40.13 200m: 2:36.30 41.45		
7. MORLAN OLIVA, Asier	05 R.C. Náutico De Tenerife	2:36.55 10,00 -
50m: 37.07 37.07 100m: 1:17.72 40.65 150m: 1:57.94 40.22 200m: 2:36.55 38.61		
8. MARTEL OJEDA, Raul Jose	01 C.N. Metropole	2:37.20 9,00 -
50m: 34.85 34.85 100m: 1:14.22 39.37 150m: 1:55.69 41.47 200m: 2:37.20 41.51		
9. AMARO HERNANDEZ, Eduardo Asdrub	06 C.N. Teneteide	2:37.85 8,00 -
50m: 36.30 36.30 100m: 1:17.00 40.70 150m: 1:58.02 41.02 200m: 2:37.85 39.83		
10. WLODARCZAK, Wiktor	08 C.N. Los Cristianos	2:38.15 7,00 -
50m: 35.88 35.88 100m: 1:15.98 40.10 150m: 1:58.04 42.06 200m: 2:38.15 40.11		
11. JAEN SERRA, Andreu	06 C.D.N. Nadamas Las Marinas	2:38.62 6,00 -
50m: 35.25 35.25 100m: 1:15.13 39.88 150m: 1:55.88 40.75 200m: 2:38.62 42.74		
12. SANTANA VALIDO, Alan	05 C.N. Aguacan	2:43.34 5,00 -
50m: 37.66 37.66 100m: 1:19.86 42.20 150m: 2:01.29 41.43 200m: 2:43.34 42.05		
13. MEYER, Alber Sebastian	06 C.N. Los Cristianos	2:43.46 4,00 -
50m: 36.80 36.80 100m: 1:18.30 41.50 150m: 2:00.83 42.53 200m: 2:43.46 42.63		
14. SUAREZ MONTERO, Nicolas	07 C.D. Herbania	2:44.21 3,00 -
50m: 37.26 37.26 100m: 1:19.73 42.47 150m: 2:02.93 43.20 200m: 2:44.21 41.28		
15. BORGIS, Marko	06 C.N. Teneteide	2:45.36 2,00 -
50m: 37.03 37.03 100m: 1:18.74 41.71 150m: 2:03.14 44.40 200m: 2:45.36 42.22		
16. HERNÁNDEZ MÉNDEZ, Julio	07 C.N. Martianez Coral Hotels	2:45.82 1,00 -
50m: 36.20 36.20 100m: 1:18.59 42.39 150m: 2:02.41 43.82 200m: 2:45.82 43.41		
17. CABRERA GUADALUPE, Javier	05 C.D.N. Nadamas Las Marinas	2:46.32 - -
50m: 36.70 36.70 100m: 1:19.98 43.28 150m: 2:04.03 44.05 200m: 2:46.32 42.29		
18. NAVARRO OLIVEROS, Gabriel	08 Esna Lanzarote	2:46.94 - -
50m: 38.25 38.25 100m: 1:21.66 43.41 150m: 2:04.77 43.11 200m: 2:46.94 42.17		

Prueba 17, Masc., 200m Braza, Absoluto Masculino

Clasificación	AN	Tiempo
19. VEGA RODRÍGUEZ, Javier	08 C.B. Dominicas Vistabella	2:48.40 - -
50m: 37.71 37.71 100m: 1:21.98	44.27 150m: 2:07.30 45.32	200m: 2:48.40 41.10
20. GAURISHANKER NAVARRO, Elgin	08 Cn.Salinas Sta.Lucia	2:49.27 - -
50m: 38.79 38.79 100m: 1:21.45	42.66 150m: 2:05.41 43.96	200m: 2:49.27 43.86
21. MESA LÓPEZ, Marcos	08 C.N. Martianez Coral Hotels	2:50.07 - -
50m: 37.94 37.94 100m: 1:21.21	43.27 150m: 2:06.05 44.84	200m: 2:50.07 44.02
22. GARCIA STAGE-SOE, Sebastian	09 Esna Lanzarote	2:55.64 - -
50m: 38.82 38.82 100m: 1:23.92	45.10 150m: 2:10.38 46.46	200m: 2:55.64 45.26
23. PEREZ CERVILLA, Daniel	07 C.D. Nonadamos	2:56.25 - -
50m: 40.70 40.70 100m: 1:25.61	44.91 150m: 2:11.36 45.75	200m: 2:56.25 44.89
24. NASSEREDDINE MESA, Nash	09 C.B. Dominicas Vistabella	2:56.31 - -
50m: 41.82 41.82 100m: 1:28.58	46.76 150m: 2:13.02 44.44	200m: 2:56.31 43.29
25. LEON TRUJILLO, Ernesto	01 Cn.Salinas Sta.Lucia	2:56.95 - -
50m: 38.43 38.43 100m: 1:22.44	44.01 150m: 2:09.64 47.20	200m: 2:56.95 47.31
26. GALVAN FRANCO, Jose Marcial	05 Cn.Faynagua C. Telde	3:02.09 - -
50m: 41.22 41.22 100m: 1:27.60	46.38 150m: 2:15.63 48.03	200m: 3:02.09 46.46
27. DE LEON GONZALEZ, Diego	10 C.D. N. Bentacu-Laguna	3:04.91 - -
50m: 40.75 40.75 100m: 1:26.24	45.49 150m: 2:17.02 50.78	200m: 3:04.91 47.89
28. ALAMO ESPINO, Joaquin	09 Club Deportivo Agaeterun	3:08.99 - -
50m: 43.55 43.55 100m: 1:31.80	48.25 150m: 2:20.80 49.00	200m: 3:08.99 48.19
29. RODRIGUEZ MORINIGO, Aritz	09 C.D. Herbania	3:12.93 - -
50m: 44.05 44.05 100m: 1:30.99	46.94 150m: 2:20.64 49.65	200m: 3:12.93 52.29
30. ALAMO HERRERA, Jorge	11 Club Deportivo Agaeterun	3:16.82 - -
50m: 44.82 44.82 100m: 1:35.50	50.68 150m: 2:27.54 52.04	200m: 3:16.82 49.28
31. GONZÁLEZ RODRIGUEZ, Javier	06 C.P.Santa Mª De Guía	3:21.65 - -
50m: 43.71 43.71 100m: 1:34.67	50.96 150m: 2:28.74 54.07	200m: 3:21.65 52.91
32. ORTIZ DÁVILA, Joaquín	08 C.D. N. Bentacu-Laguna	3:23.63 - -
50m: 44.22 44.22 100m: 1:36.27	52.05 150m: 2:30.40 54.13	200m: 3:23.63 53.23
33. VAN KERKHOF REGUERO, Jesper	09 Cn.Faynagua C. Telde	3:24.94 - -
50m: 46.54 46.54 100m: 1:38.79	52.25 150m: 2:32.61 53.82	200m: 3:24.94 52.33
DSQ HERNANDEZ GONZALEZ, Enrique	89 C.N. Aguacan	- -
<i>DVI - Desc Viraje Irregular</i>		
NP SANTANA PEREZ, Saul Carmelo	02 C.N. Las Palmas	- -
NP GARCIA GALAN, Javier	06 C.B. Dominicas Vistabella	- -

Prueba 18
02/12/2023

Fem., 100m Espalda

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. HERNANDEZ MARTIN, Nerea	03 C.N. Las Palmas	1:07.04 19,00 -
50m: 32.52 32.52 100m: 1:07.04	34.52	
2. MORENO ARMAS, Ainara	07 C.N. Teneteide	1:07.06 16,00 -
50m: 32.12 32.12 100m: 1:07.06	34.94	
3. HERNÁNDEZ CASTRILLO, Yessica	00 C.N. Aguacan	1:08.18 14,00 -
50m: 33.27 33.27 100m: 1:08.18	34.91	
4. MATOS QUEVEDO, Lucía	04 C.N. Las Palmas	1:09.81 13,00 -
50m: 33.35 33.35 100m: 1:09.81	36.46	

Prueba 18, Fem., 100m Espalda, Absoluto Femenino

Clasificación						AN				Tiempo		
5.	SARABIA OUBIÑA, Ariadna	08	C.D. Nonadamos	1:11.41	36.64	1:11.41	12,00	-				
	50m: 34.77 34.77	100m:										
6.	FERNANDEZ ANDRES, Lola	11	Cn.Salinas Sta.Lucia	1:11.99	37.14	1:11.99	11,00	-				
	50m: 34.85 34.85	100m:										
7.	RIJO MARTIN, Sara	08	Esna Lanzarote	1:12.24	36.61	1:12.24	10,00	-				
	50m: 35.63 35.63	100m:										
8.	SAIZ PEREZ, Mar	08	C.N. Los Cristianos	1:12.69	37.10	1:12.69	9,00	-				
	50m: 35.59 35.59	100m:										
9.	POMPIDOU, Eva Océane	00	C.N. Martianeze Coral Hotels	1:13.16	37.70	1:13.16	8,00	-				
	50m: 35.46 35.46	100m:										
10.	MORALES FAJARDO, Nora	10	C.D.N. Nadamas Las Marinas	1:13.37	37.68	1:13.37	7,00	-				
	50m: 35.69 35.69	100m:										
11.	BONILLA BORDON, Ines	06	C.N. Aguacan	1:13.73	38.37	1:13.73	6,00	-				
	50m: 35.36 35.36	100m:										
12.	CASTRO ADRIAN, Michelle	02	A.D. Santa Cruz	1:14.02	38.20	1:14.02	5,00	-				
	50m: 35.82 35.82	100m:										
13.	SASU BODARNEA, Natalia Emilia	08	C.D.N. Nadamas Las Marinas	1:14.23	36.49	1:14.23	4,00	-				
	50m: 37.74 37.74	100m:										
14.	FERNANDEZ VIEIRA, Carolina	08	C.N. Teneteide	1:14.48	37.79	1:14.48	3,00	-				
	50m: 36.69 36.69	100m:										
15.	ORTEGA GUTIÉRREZ, Eugenia	11	C.B. Dominicas Vistabella	1:14.85	38.00	1:14.85	2,00	-				
	50m: 36.85 36.85	100m:										
16.	WOLGESCHAFFEN FERNANDEZ, Pat09a	C.N. Reales	1:15.34	39.79	1:15.34	1,00	-					
	50m: 35.55 35.55	100m:										
17.	GODOY GARCIA, Gara	07	C.P.Santa Mª De Guia	1:16.75	39.61	1:16.75	-	-				
	50m: 37.14 37.14	100m:										
18.	GIMENEZ CASTILLA, Maria	07	Cn.Faynagua C. Telde	1:17.21	38.98	1:17.21	-	-				
	50m: 38.23 38.23	100m:										
19.	BOTÍ RUIZ-BENÍTEZ DE LUGO, Cristina07	C.B. Dominicas Vistabella	1:17.78	40.72	1:17.78	-	-					
	50m: 37.06 37.06	100m:										
20.	RODRIGUEZ BRITO, Sara	04	R.C. Náutico De Tenerife	1:17.84	40.39	1:17.84	-	-				
	50m: 37.45 37.45	100m:										
21.	TOVAR MORENO, Estephania	03	A.D. Santa Cruz	1:18.36	40.84	1:18.36	-	-				
	50m: 37.52 37.52	100m:										
22.	PEREZ DIAZ, Natalia	07	C.N. Los Cristianos	1:18.47	40.77	1:18.47	-	-				
	50m: 37.70 37.70	100m:										
23.	MACHIN FERNANDEZ, Martina	06	C.D. N. Bentacu-Laguna	1:19.04	40.66	1:19.04	-	-				
	50m: 38.38 38.38	100m:										
24.	FAJARDO SANCHEZ, Yaneli	05	C.D. Herbania	1:21.92	42.29	1:21.92	-	-				
	50m: 39.63 39.63	100m:										
25.	CALZADILLA SOCAS, Rebeca	08	C.D. N. Bentacu-Laguna	1:22.92	42.45	1:22.92	-	-				
	50m: 40.47 40.47	100m:										
26.	MEDINA HERNÁNDEZ, Sofía	07	C.N. Martianeze Coral Hotels	1:23.58	43.37	1:23.58	-	-				
	50m: 40.21 40.21	100m:										
27.	CEDRES ESPINOSA, Valeria	09	Esna Lanzarote	1:30.43	46.68	1:30.43	-	-				
	50m: 43.75 43.75	100m:										
28.	REDONDO CORREA, Claudia	07	R.C. Náutico De Tenerife	1:32.46	47.42	1:32.46	-	-				
	50m: 45.04 45.04	100m:										

Prueba 18, Fem., 100m Espalda, Absoluto Femenino

Clasificación	AN	Tiempo		
29. FAJARDO SANCHEZ, Valeria	11	C.D. Herbania	1:33.41	- -
50m: 45.33 45.33 100m: 1:33.41		48.08		
30. ARIAS FREIRE, Sophia Alejandra	10	Cn.Salinas Sta.Lucia	1:33.81	- -
50m: 44.13 44.13 100m: 1:33.81		49.68		
31. ÁLAMO SANTOS, Rocío	11	Club Deportivo Agaeterun	1:33.87	- -
50m: 46.98 46.98 100m: 1:33.87		46.89		
32. SANTANA RÍO, Leire	12	Club Deportivo Agaeterun	1:36.70	- -
50m: 49.16 49.16 100m: 1:36.70		47.54		
33. CARRASCOSA SANTAMARIA, Sara	08	Cn.Faynagua C. Telde	1:42.43	- -
50m: 49.18 49.18 100m: 1:42.43		53.25		
Baja BINEATA SARGHI, Beatrice Valeria	07	C.D. Nonadamos		- -

Prueba 19
02/12/2023

Masc., 100m Espalda

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo		
1. VEGA SOSA, Juan Iriney	05	C.N. Las Palmas	58.19	19,00 -
50m: 28.07 28.07 100m: 58.19		30.12		
2. MARTIN BETANCOR, Danilo	07	C.N. Las Palmas	59.37	16,00 -
50m: 28.82 28.82 100m: 59.37		30.55		
3. FLORES RODRIGUEZ, Daniel	03	C.N. Metropole	1:00.31	14,00 -
50m: 29.33 29.33 100m: 1:00.31		30.98		
4. PRIETO RODRIGUEZ, Daniel	00	C.D. Herbania	1:00.33	13,00 -
50m: 29.65 29.65 100m: 1:00.33		30.68		
5. DIAZ GARCIA, Samuel Manuel	03	R.C. Náutico De Tenerife	1:01.19	12,00 -
50m: 29.38 29.38 100m: 1:01.19		31.81		
6. BELAMENDIA COTORRUELO, Gerald	07	C.N. Teneteide	1:01.49	11,00 -
50m: 29.65 29.65 100m: 1:01.49		31.84		
7. MARTÍN GARCÍA, Mario	04	C.N. Martianez Coral Hotels	1:02.13	10,00 -
50m: 29.80 29.80 100m: 1:02.13		32.33		
8. TAVIO MEDINA, Emilio Jose	02	A.D. Santa Cruz	1:03.00	9,00 -
50m: 30.72 30.72 100m: 1:03.00		32.28		
9. SALUTREGUI GOMEZ, Nicolas	01	C.N. Aguacan	1:03.65	8,00 -
50m: 30.70 30.70 100m: 1:03.65		32.95		
10. GARCIA MORENO, Jorge	00	C.D.N. Nadamas Las Marinas	1:03.97	7,00 -
50m: 30.95 30.95 100m: 1:03.97		33.02		
11. NUÑEZ ALONSO, Javier	07	C.N. Metropole	1:04.54	6,00 -
50m: 30.96 30.96 100m: 1:04.54		33.58		
12. CURTIS LORENZO, Nathan	07	C.B. Dominicas Vistabella	1:04.98	5,00 -
50m: 31.69 31.69 100m: 1:04.98		33.29		
13. MENDOZA HERNANDEZ, Oscar	03	C.N. Los Cristianos	1:05.00	4,00 -
50m: 31.33 31.33 100m: 1:05.00		33.67		
14. PALACIOS HORMIGA, Aday	04	C.N. Teneteide	1:05.20	3,00 -
50m: 31.48 31.48 100m: 1:05.20		33.72		
15. SANCHEZ FERNANDEZ, Gregory	09	C.N. Los Cristianos	1:05.34	2,00 -
50m: 31.95 31.95 100m: 1:05.34		33.39		
16. MORENO ALVAREZ, Alexis	08	C.B. Dominicas Vistabella	1:05.69	1,00 -
50m: 31.80 31.80 100m: 1:05.69		33.89		

Prueba 19, Masc., 100m Espalda, Absoluto Masculino

Clasificación	AN				Tiempo		
17.	VILLANUEVA JODKO, Aleksander	08	Cn.Salinas Sta.Lucia	1:06.11	-	-	
	50m: 31.45 31.45 100m: 34.66						
18.	GARCÍA MESA, Rayco	10	C.N. Reales	1:06.46	-	-	
	50m: 32.15 32.15 100m: 34.31						
19.	RAMIREZ MORALES, Sergio C.	03	Cn.Faynagua C. Telde	1:06.61	-	-	
	50m: 32.06 32.06 100m: 34.55						
20.	DOS REIS SANTANA, Alejandro	04	C.N. Aguacan	1:07.20	-	-	
	50m: 32.92 32.92 100m: 34.28						
21.	CERES, Inti	05	A.D. Santa Cruz	1:07.25	-	-	
	50m: 32.75 32.75 100m: 34.50						
22.	BELLO HERNANDEZ, Sergio	04	C.N. Reales	1:07.90	-	-	
	50m: 32.69 32.69 100m: 35.21						
23.	PINTO PEREZ, Sergio	00	R.C. Náutico De Tenerife	1:08.54	-	-	
	50m: 33.02 33.02 100m: 35.52						
24.	PADRON MIGUELEZ, Matias	08	C.D.N. Nadamas Las Marinas	1:10.15	-	-	
	50m: 34.23 34.23 100m: 35.92						
25.	CAMPANALUNGA MORALES, Enzo	08	Cn.Faynagua C. Telde	1:12.86	-	-	
	50m: 35.35 35.35 100m: 37.51						
26.	ARTEAGA PEREYRA, Marco	08	Esna Lanzarote	1:13.65	-	-	
	50m: 36.49 36.49 100m: 37.16						
27.	OLIVER GARCÍA, Jesús	05	C.D. N. Bentacu-Laguna	1:14.14	-	-	
	50m: 35.61 35.61 100m: 38.53						
28.	SUAREZ TORRES, Pablo	07	Cn.Salinas Sta.Lucia	1:14.63	-	-	
	50m: 35.62 35.62 100m: 39.01						
29.	TOBAL FEBLES, Gabriel	10	C.D. Herbania	1:16.00	-	-	
	50m: 36.96 36.96 100m: 39.04						
30.	SANTANA ACUÑA, Gorka	09	C.D. Nonadamos	1:16.42	-	-	
	50m: 37.79 37.79 100m: 38.63						
31.	GONZÁLEZ GONZÁLEZ, Diego	08	C.D. N. Bentacu-Laguna	1:19.81	-	-	
	50m: 37.90 37.90 100m: 41.91						
32.	NOBREGA AGUIAR, Carlos	08	C.P.Santa Mª De Guia	1:21.91	-	-	
	50m: 38.34 38.34 100m: 43.57						
33.	DAMIANI, Giorgio	12	Club Deportivo Agaeterun	1:24.65	-	-	
	50m: 40.83 40.83 100m: 43.82						
DSQ	GUTIÉRREZ MORENO, Lucas del Carm	11	Club Deportivo Agaeterun		-	-	
	DNI - Desc Nado Irregular						
NP	TORREIRO MARTINEZ, Carlos	06	C.D. Herbania		-	-	
NP	DEL PINO SEGURA, Abel	07	C.N. Aguacan		-	-	
NP	HERRERA TORRES, Carlos	04	C.N. Metropole		-	-	
NP	DIAZ GONZALEZ, Pablo	03	A.D. Santa Cruz		-	-	
NP	FERNANDEZ ALPERI, Herminio	08	C.D.N. Nadamas Las Marinas		-	-	
NP	PORRERO MARTIN, Jorge	07	C.N. Teneteide		-	-	
NP	TALLO PEREZ, Bruno	10	R.C. Náutico De Tenerife		-	-	

Prueba 20
02/12/2023

Fem., 1500m Libre

Absoluto Femenino
Resultados

Clasificación					AN				Tiempo				
1.	JAEN SERRA, Naira				08	C.D.N. Nadamas Las Marinas				17:48.59 38,0019			
	50m:	30.83	30.83	400m:	4:35.06	35.28	800m:	9:23.26	36.26	1150m:	13:37.65	36.46	
	100m:	1:04.77	33.94	450m:	5:11.35	36.29	850m:	9:59.11	35.85	1200m:	14:14.07	36.42	
	150m:	1:39.61	34.84	500m:	5:46.66	35.31	900m:	10:35.39	36.28	1250m:	14:50.42	36.35	
	200m:	2:14.48	34.87	600m:	6:58.64	1:11.98	950m:	11:11.83	36.44	1300m:	15:26.92	36.50	
	250m:	2:49.63	35.15	650m:	7:34.75	36.11	1000m:	11:48.00	36.17	1350m:	16:02.15	35.23	
	300m:	3:24.52	34.89	700m:	8:10.97	36.22	1050m:	12:24.50	36.50	1400m:	16:38.33	36.18	
	350m:	3:59.78	35.26	750m:	8:47.00	36.03	1100m:	13:01.19	36.69	1500m:	17:48.59	1:10.26	
2.	ULIBARRI SANCHEZ, Ines				09	C.N. Las Palmas				18:04.87 32,0016			
	50m:	32.69	32.69	450m:	5:20.60	36.12	850m:	10:11.51	36.63	1250m:	15:04.57	36.40	
	100m:	1:08.65	35.96	500m:	5:56.52	35.92	900m:	10:48.29	36.78	1300m:	15:40.90	36.33	
	150m:	1:44.29	35.64	550m:	6:32.87	36.35	950m:	11:25.04	36.75	1350m:	16:17.30	36.40	
	200m:	2:20.20	35.91	600m:	7:09.13	36.26	1000m:	12:01.74	36.70	1400m:	16:53.70	36.40	
	250m:	2:56.36	36.16	650m:	7:45.35	36.22	1050m:	12:38.63	36.89	1450m:	17:30.11	36.41	
	300m:	3:32.29	35.93	700m:	8:21.97	36.62	1100m:	13:15.14	36.51	1500m:	18:04.87	34.76	
	350m:	4:08.52	36.23	750m:	8:58.17	36.20	1150m:	13:51.54	36.40				
	400m:	4:44.48	35.96	800m:	9:34.88	36.71	1200m:	14:28.17	36.63				
3.	SCARPA, Barbara				08	C.N. Reales				18:30.72 28,0014			
	50m:	33.34	33.34	300m:	3:34.79	36.98	600m:	7:18.55	1:14.60	1100m:	13:33.12	1:14.00	
	100m:	1:08.81	35.47	350m:	4:11.89	37.10	700m:	8:33.55	1:15.00	1200m:	14:47.96	1:14.84	
	150m:	1:45.24	36.43	400m:	4:49.51	37.62	800m:	9:48.99	1:15.44	1400m:	17:18.46	2:30.50	
	200m:	2:21.32	36.08	450m:	5:26.80	37.29	900m:	11:04.12	1:15.13	1500m:	18:30.72	1:12.26	
	250m:	2:57.81	36.49	500m:	6:03.95	37.15	1000m:	12:19.12	1:15.00				
4.	DE CASTRO URQUIOLA, Helena				04	C.N. Aguacan				19:08.69 26,0013			
	50m:	33.32	33.32	450m:	5:35.03	38.91	850m:	10:47.15	39.37	1250m:	16:00.13	38.73	
	100m:	1:09.35	36.03	500m:	6:13.61	38.58	900m:	11:26.38	39.23	1300m:	16:38.69	38.56	
	150m:	1:45.58	36.23	550m:	6:52.51	38.90	950m:	12:06.17	39.79	1350m:	17:17.46	38.77	
	200m:	2:22.90	37.32	600m:	7:31.30	38.79	1000m:	12:45.31	39.14	1400m:	17:55.97	38.51	
	250m:	3:00.57	37.67	650m:	8:10.10	38.80	1050m:	13:24.53	39.22	1450m:	18:33.94	37.97	
	300m:	3:38.74	38.17	700m:	8:49.23	39.13	1100m:	14:03.72	39.19	1500m:	19:08.69	34.75	
	350m:	4:17.09	38.35	750m:	9:28.35	39.12	1150m:	14:42.73	39.01				
	400m:	4:56.12	39.03	800m:	10:07.78	39.43	1200m:	15:21.40	38.67				
5.	LOPEZ SOSA, Carla				09	Cn.Salinas Sta.Lucia				19:10.49 24,0012			
	50m:	34.91	34.91	450m:	5:40.90	38.57	850m:	10:51.60	38.82	1250m:	16:02.12	38.40	
	100m:	1:12.31	37.40	500m:	6:19.57	38.67	900m:	11:30.73	39.13	1300m:	16:40.61	38.49	
	150m:	1:50.39	38.08	550m:	6:57.99	38.42	950m:	12:09.58	38.85	1350m:	17:19.31	38.70	
	200m:	2:29.06	38.67	600m:	7:36.81	38.82	1000m:	12:48.67	39.09	1400m:	17:57.85	38.54	
	250m:	3:07.11	38.05	650m:	8:15.77	38.96	1050m:	13:27.52	38.85	1450m:	18:35.78	37.93	
	300m:	3:45.53	38.42	700m:	8:54.85	39.08	1100m:	14:06.18	38.66	1500m:	19:10.49	34.71	
	350m:	4:23.79	38.26	750m:	9:33.62	38.77	1150m:	14:44.99	38.81				
	400m:	5:02.33	38.54	800m:	10:12.78	39.16	1200m:	15:23.72	38.73				
6.	ACOSTA GONZALEZ, Carolina				08	C.N. Teneteide				19:19.66 22,0011			
	50m:	34.31	34.31	450m:	5:40.06	38.43	850m:	10:48.54	39.11	1250m:	16:03.80	38.84	
	100m:	1:11.13	36.82	500m:	6:18.96	38.90	900m:	11:27.63	39.09	1300m:	16:43.16	39.36	
	150m:	1:49.51	38.38	550m:	6:57.90	38.94	950m:	12:06.85	39.22	1350m:	17:22.98	39.82	
	200m:	2:27.75	38.24	600m:	7:35.78	37.88	1000m:	12:46.41	39.56	1400m:	18:02.62	39.64	
	250m:	3:05.82	38.07	650m:	8:13.18	37.40	1050m:	13:25.81	39.40	1450m:	18:41.60	38.98	
	300m:	3:44.38	38.56	700m:	8:51.91	38.73	1100m:	14:05.66	39.85	1500m:	19:19.66	38.06	
	350m:	4:22.97	38.59	750m:	9:30.29	38.38	1150m:	14:45.28	39.62				
	400m:	5:01.63	38.66	800m:	10:09.43	39.14	1200m:	15:24.96	39.68				
7.	SANTANA FLORES, Ainhoa				01	Cn.Faynagua C. Telde				20:25.74 20,0010			
	50m:	35.88	35.88	450m:	5:59.45	41.35	850m:	11:30.10	41.26	1250m:	17:02.18	41.97	
	100m:	1:15.54	39.66	500m:	6:41.30	41.85	900m:	12:11.40	41.30	1300m:	17:43.97	41.79	
	150m:	1:55.58	40.04	550m:	7:22.79	41.49	950m:	12:52.40	41.00	1350m:	18:25.65	41.68	
	200m:	2:35.62	40.04	600m:	8:03.74	40.95	1000m:	13:34.29	41.89	1400m:	19:07.13	41.48	
	250m:	3:15.63	40.01	650m:	8:44.97	41.23	1050m:	14:15.61	41.32	1450m:	19:48.57	41.44	
	300m:	3:56.00	40.37	700m:	9:26.30	41.33	1100m:	14:57.23	41.62	1500m:	20:25.74	37.17	
	350m:	4:37.36	41.36	750m:	10:07.62	41.32	1150m:	15:38.51	41.28				
	400m:	5:18.10	40.74	800m:	10:48.84	41.22	1200m:	16:20.21	41.70				

Prueba 20, Fem., 1500m Libre, Absoluto Femenino

Clasificación

AN

Tiempo

8.	GONZÁLEZ RODRÍGUEZ, Leyre Maria			10	C.B. Dominicas Vistabella			20:55.07		18,00	9	
	50m:	36.69	36.69	300m:	4:00.73	41.18	700m:	9:35.78	1:24.29	1200m:	16:42.11	1:25.20
	100m:	1:15.94	39.25	400m:	5:24.46	1:23.73	800m:	10:59.64	1:23.86	1300m:	18:07.98	1:25.87
	150m:	1:56.75	40.81	450m:	6:06.00	41.54	900m:	12:25.16	1:25.52	1400m:	19:33.36	1:25.38
	200m:	2:38.12	41.37	500m:	6:47.76	41.76	1000m:	13:51.58	1:26.42	1500m:	20:55.07	1:21.71
	250m:	3:19.55	41.43	600m:	8:11.49	1:23.73	1100m:	15:16.91	1:25.33			
9.	CABRERA SUAREZ, Julia			09	A.D. Santa Cruz			21:07.81		16,00	8	
	50m:	36.51	36.51	400m:	5:28.71	1:24.50	800m:	11:08.85	1:25.80	1200m:	16:51.80	1:26.80
	100m:	1:17.61	41.10	500m:	6:52.66	1:23.95	900m:	12:34.66	1:25.81	1300m:	18:17.02	1:25.22
	200m:	2:40.24	1:22.63	600m:	8:18.47	1:25.81	1000m:	14:00.63	1:25.97	1400m:	19:43.03	1:26.01
	300m:	4:04.21	1:23.97	700m:	9:43.05	1:24.58	1100m:	15:25.00	1:24.37	1500m:	21:07.81	1:24.78
10.	QUINTANA SUAREZ, Miriam			10	Club Deportivo Agaeterun			21:29.11		14,00	7	
	50m:	36.39	36.39	450m:	6:16.34	44.11	850m:	12:05.72	44.16	1250m:	17:56.29	44.15
	100m:	1:15.98	39.59	500m:	7:00.91	44.57	900m:	12:49.49	43.77	1300m:	18:40.69	44.40
	150m:	1:58.13	42.15	550m:	7:43.56	42.65	950m:	13:33.51	44.02	1350m:	19:24.65	43.96
	200m:	2:40.32	42.19	600m:	8:26.67	43.11	1000m:	14:17.22	43.71	1400m:	20:07.42	42.77
	250m:	3:22.69	42.37	650m:	9:10.77	44.10	1050m:	15:00.46	43.24	1450m:	20:50.05	42.63
	300m:	4:06.03	43.34	700m:	9:54.55	43.78	1100m:	15:44.27	43.81	1500m:	21:29.11	39.06
	350m:	4:48.99	42.96	750m:	10:37.26	42.71	1150m:	16:28.73	44.46			
	400m:	5:32.23	43.24	800m:	11:21.56	44.30	1200m:	17:12.14	43.41			
11.	BINEATA SARGHI, Beatrice Valeria			07	C.D. Nonadamos			21:33.98		12,00	6	
	50m:	38.13	38.13	450m:	6:14.08	41.69	850m:	11:56.26	43.44	1250m:	17:49.35	45.16
	100m:	1:19.70	41.57	500m:	6:55.88	41.80	900m:	12:39.67	43.41	1300m:	18:34.45	45.10
	150m:	2:02.09	42.39	550m:	7:38.63	42.75	950m:	13:23.02	43.35	1350m:	19:19.70	45.25
	200m:	2:43.66	41.57	600m:	8:20.81	42.18	1000m:	14:06.10	43.08	1400m:	20:02.22	42.52
	250m:	3:25.70	42.04	650m:	9:03.96	43.15	1050m:	14:50.77	44.67	1450m:	20:51.76	49.54
	300m:	4:07.96	42.26	700m:	9:47.03	43.07	1100m:	15:35.61	44.84	1500m:	21:33.98	42.22
	350m:	4:50.35	42.39	750m:	10:29.75	42.72	1150m:	16:19.61	44.00			
	400m:	5:32.39	42.04	800m:	11:12.82	43.07	1200m:	17:04.19	44.58			
12.	PEREZ LUIS, Lucia			08	C.D. Herbania			21:43.31		10,00	5	
	50m:	36.35	36.35	450m:	6:14.65	44.14	850m:	12:08.08	43.67	1250m:	18:05.56	44.70
	100m:	1:17.08	40.73	500m:	6:59.72	45.07	900m:	12:52.66	44.58	1300m:	18:50.57	45.01
	150m:	1:58.84	41.76	550m:	7:43.43	43.71	950m:	13:37.61	44.95	1350m:	19:35.57	45.00
	200m:	2:40.77	41.93	600m:	8:27.65	44.22	1000m:	14:22.56	44.95	1400m:	20:19.45	43.88
	250m:	3:22.63	41.86	650m:	9:11.67	44.02	1050m:	15:05.70	43.14	1450m:	21:01.97	42.52
	300m:	4:05.23	42.60	700m:	9:56.05	44.38	1100m:	15:50.98	45.28	1500m:	21:43.31	41.34
	350m:	4:47.92	42.69	750m:	10:40.47	44.42	1150m:	16:35.79	44.81			
	400m:	5:30.51	42.59	800m:	11:24.41	43.94	1200m:	17:20.86	45.07			
13.	CASANOVA MELO, Julene			06	C.D. N. Bentacu-Laguna			21:55.40		8,00	4	
	50m:	37.59	37.59	450m:	6:26.41	43.89	850m:	12:18.90	44.30	1250m:	18:14.03	43.89
	100m:	1:19.72	42.13	500m:	7:10.82	44.41	900m:	13:03.08	44.18	1300m:	18:58.20	44.17
	150m:	2:03.31	43.59	550m:	7:54.95	44.13	950m:	13:47.83	44.75	1350m:	19:43.08	44.88
	200m:	2:47.12	43.81	600m:	8:38.83	43.88	1000m:	14:33.04	45.21	1400m:	20:28.40	45.32
	250m:	3:30.87	43.75	650m:	9:22.75	43.92	1050m:	15:17.49	44.45	1450m:	21:13.26	44.86
	300m:	4:14.44	43.57	700m:	10:06.42	43.67	1100m:	16:01.66	44.17	1500m:	21:55.40	42.14
	350m:	4:58.49	44.05	750m:	10:50.45	44.03	1150m:	16:46.10	44.44			
	400m:	5:42.52	44.03	800m:	11:34.60	44.15	1200m:	17:30.14	44.04			
14.	PEREZ LOPEZ, Naira			09	Esna Lanzarote			22:30.75		6,00	3	
	50m:	37.50	37.50	450m:	6:26.60	44.59	850m:	12:30.63	46.70	1250m:	18:43.58	46.59
	100m:	1:18.26	40.76	500m:	7:11.15	44.55	900m:	13:17.62	46.99	1300m:	19:29.63	46.05
	150m:	2:01.47	43.21	550m:	7:55.90	44.75	950m:	14:04.42	46.80	1350m:	20:15.67	46.04
	200m:	2:45.08	43.61	600m:	8:40.56	44.66	1000m:	14:51.15	46.73	1400m:	21:01.39	45.72
	250m:	3:29.03	43.95	650m:	9:26.16	45.60	1050m:	15:38.12	46.97	1450m:	21:46.77	45.38
	300m:	4:13.26	44.23	700m:	10:12.31	46.15	1100m:	16:25.14	47.02	1500m:	22:30.75	43.98
	350m:	4:57.37	44.11	750m:	10:58.18	45.87	1150m:	17:11.69	46.55			
	400m:	5:42.01	44.64	800m:	11:43.93	45.75	1200m:	17:56.99	45.30			
15.	GUEVARA CROSA, Nairim Ariadne			08	C.N. Los Cristianos			26:18.49		4,00	2	
	50m:	44.68	44.68	250m:	4:06.64	52.16	600m:	10:14.33	1:44.90	1100m:	19:07.72	1:48.79
	100m:	1:33.04	48.36	300m:	5:00.03	53.39	800m:	13:46.03	3:31.70	1200m:	20:57.24	1:49.52
	150m:	2:23.45	50.41	400m:	6:44.99	1:44.96	900m:	15:32.71	1:46.68	1400m:	24:33.59	3:36.35
	200m:	3:14.48	51.03	500m:	8:29.43	1:44.44	1000m:	17:18.93	1:46.22	1500m:	26:18.49	1:44.90

Prueba 20, Fem., 1500m Libre

EXH	GONZALEZ RAMIREZ, Marta	09	Cn.Faynagua C. Telde	-	-
EXH	ACUÑA VANKOVA, Bianca	08	C.D. Nonadamos	-	-
EXH	RODRÍGUEZ PALMERO, Claudia	08	C.N. Teneteide	-	-
EXH	MEJIAS INGLOTT, Valeria	08	C.N. Las Palmas	18:07.62	-
	50m: 33.52 33.52	450m: 5:21.26	36.41	850m: 10:13.96	36.82
	100m: 1:08.87 35.35	500m: 5:57.61	36.35	900m: 10:51.04	37.08
	150m: 1:44.71 35.84	550m: 6:33.99	36.38	950m: 11:27.85	36.81
	200m: 2:20.77 36.06	600m: 7:10.31	36.32	1000m: 12:04.87	37.02
	250m: 2:56.73 35.96	650m: 7:46.95	36.64	1050m: 12:41.49	36.62
	300m: 3:32.74 36.01	700m: 8:23.67	36.72	1100m: 13:17.91	36.42
	350m: 4:08.73 35.99	750m: 9:00.42	36.75	1150m: 13:54.32	36.41
	400m: 4:44.85 36.12	800m: 9:37.14	36.72	1200m: 14:30.76	36.44
EXH	RODRIGUEZ DIAZ, Maria	11	C.N. Teneteide	19:32.45	-
	50m: 35.67 35.67	450m: 5:46.58	39.29	850m: 11:01.23	39.46
	100m: 1:13.92 38.25	500m: 6:28.97	42.39	900m: 11:40.98	39.75
	150m: 1:52.76 38.84	550m: 7:05.32	36.35	950m: 12:20.14	39.16
	200m: 2:31.30 38.54	600m: 7:44.45	39.13	1000m: 12:59.70	39.56
	250m: 3:10.22 38.92	650m: 8:23.93	39.48	1050m: 13:39.37	39.67
	300m: 3:49.17 38.95	700m: 9:03.31	39.38	1100m: 14:18.76	39.39
	350m: 4:28.04 38.87	750m: 9:42.33	39.02	1150m: 14:58.55	39.79
	400m: 5:07.29 39.25	800m: 10:21.77	39.44	1200m: 15:38.28	39.73

Prueba 21
02/12/2023

Masc., 4 x 200m Libre

Absoluto Masculino
Resultados

Clasificación

Tiempo

1.	C.N. Las Palmas 1		C.N. Las Palmas	7:37.22	38,00	-
	ROJAS SAVIGNANO, Luis	03	26.22 28.68 29.73 29.87	1:54.50		
	VANHOUCHE, Louka	02	0.00 25.47 28.51 29.16	1:52.35		
	CABRILLO SANCHEZ, Norberto	07	0.00 26.17 28.99 29.77	1:54.56		
	MACARIO MOLINA, Joan	05	0.00 27.14 29.22 29.85	1:55.81		
2.	C.N. Metropole 1		C.N. Metropole	7:44.70	32,00	-
	HERRERA TORRES, Carlos	04	25.79 28.68 29.03 28.99	1:52.49		
	NUÑEZ ALONSO, Javier	07	0.00 26.46 29.07 30.43	1:57.89		
	SANTANA RAMIREZ, Ángel	04	0.00 26.37 29.61 30.47	1:57.67		
	GERSCOVICH PERI, Luka	06	0.00 25.80 29.06 30.61	1:56.65		
3.	C.D.N. Nadamas Las Marinas 1		C.D.N. Nadamas Las Marinas	7:49.75	28,00	-
	CARRASCOSA HESTER, Tomas	04	28.15 29.51 29.81 30.23	1:57.70		
	LORENÇO FERREIRA, Gustavo	06	26.83 30.53 31.03 30.02	1:58.41		
	DE ARMAS DELGADO, Juan Jose	07	26.86 29.97 31.76 30.76	1:59.35		
	GARCIA MORENO, Jorge	00	24.97 28.30 30.02 31.00	1:54.29		
4.	C.N. Teneteide 1		C.N. Teneteide	7:54.64	26,00	-
	GONZALEZ DOMINGUEZ, Pedro	09	28.40 30.86 32.33 32.14	2:03.73		
	PORRERO MARTIN, Jorge	07	31.38 29.91	1:57.64		
	CAPLLONCH DE UÑA, Ismael	07	26.08 29.35 30.28 28.47	1:54.18		
	MORALES LEMES, Marcos	05	26.79 30.06 30.98 31.26	1:59.09		
5.	A.D. Santa Cruz 1		A.D. Santa Cruz	8:02.24	24,00	-
	GUADALUPE NEGRIN, Jorge Ramses	03	28.27 29.87 29.82 31.62	1:59.58		
	TOGORES RODRIGUEZ, Domingo	97	26.00 29.98 31.68 33.67	2:01.33		
	COELLO TEJERA, Adrian	98	27.87 30.82 31.14 31.27	2:01.10		
	LUIS ALVAREZ, Oscar	02	27.02 30.92 32.62 29.67	2:00.23		
6.	Esna Lanzarote 1		Esna Lanzarote	8:10.13	22,00	-
	COLODRERO MUÑOZ, Ivan	09	28.54 31.18 33.94 33.86	2:07.52		
	MANZATTO VACCARO, Nicolas	06	0.00 26.06 29.17 30.41	1:55.65		
	NAVARRO OLIVEROS, Gabriel	08	0.00 28.46 32.05 33.23	2:06.46		
	FDEZ BERMUDEZ, Iker	06	0.00 28.15 30.40 31.09	2:00.50		

Prueba 21, Masc., 4 x 200m Libre, Absoluto Masculino

Clasificación

Tiempo

7.	C.N. Reales 1		C.N. Reales					8:11.69	20,00	-
	HOLZENDORF DIONIS, Thomas	97		27.02	29.27	30.85	31.73	1:58.87		
	RAMOS DELGADO, Gabriel	05		28.17	31.86	31.88	31.81	2:03.72		
	GONZALEZ SUAREZ, Ivan	92		27.91	32.65	34.33	34.09	2:08.98		
	BELLO HERNANDEZ, Sergio	04		27.18	29.95	31.45	31.54	2:00.12		
8.	C.N. Los Cristianos 1		C.N. Los Cristianos					8:23.72	18,00	-
	ELMAALOU FERNANDEZ, Tarek Ould	06		28.34	31.05	32.60	31.47	2:03.46		
	SANCHEZ FERNANDEZ, Gregory	09		28.84	32.76	32.59	31.80	2:05.99		
	PERALES SILVA, Francisco	09		30.35	32.95	33.05	31.97	2:08.32		
	BOTELLO DE LA VEGA, Manuel	06		28.93	31.26	32.90	32.86	2:05.95		
9.	C.B. Dominicas Vistabella 1		C.B. Dominicas Vistabella					8:26.23	16,00	-
	DUQUE BROUARD, Daniel	08		28.89	31.68	32.64	32.75	2:05.96		
	ESTEVEZ GALVEZ, Carlos	08		28.79	32.34	33.57	33.50	2:08.20		
	CURTIS LORENZO, Nathan	07		28.34	31.56	33.23	32.94	2:06.07		
	MORENO ALVAREZ, Alexis	08		28.42	31.79	33.11	32.68	2:06.00		
10.	Cn.Faynagua C. Telde 1		Cn.Faynagua C. Telde					8:26.90	14,00	-
	RAMIREZ MORALES, Sergio C.	03		28.54	31.15	32.45	31.67	2:03.81		
	SANTANA SARMIENTO, Miguel	83	0.00	31.16	32.97	32.28	30.35	2:06.76		
	OUBIÑA CORVALAN, Marcos A	05	0.00	30.22	33.11	33.57	32.51	2:09.41		
	SANTANA REYES, Carmelo	03	0.00	28.70	32.22	33.08	32.92	2:06.92		
11.	C.D. Herbania 1		C.D. Herbania					8:28.60	12,00	-
	PRIETO RODRIGUEZ, Daniel	00		27.62	30.38	31.66	32.15	2:01.81		
	AVERO RODRIGUEZ, Aday	07	0.00	28.57	31.77	33.35	32.36	2:06.05		
	TOBAL FEBLES, Gabriel	10	0.00	31.12	34.45	34.34	31.60	2:11.51		
	SUAREZ MONTERO, Nicolas	07	0.00	29.35	32.56	34.05	33.27	2:09.23		
12.	R.C. Náutico De Tenerife 1		R.C. Náutico De Tenerife					8:29.93	10,00	-
	CARRO BONILLA, Cristobal	04		27.83	30.85	31.84	31.35	2:01.87		
	DIAZ GARCIA, Samuel Manuel	03		27.58	29.89	33.53	36.32	2:07.32		
	LEON JULIÁ, Marco	09		29.48	33.38	35.47	32.95	2:11.28		
	MERINO MONTES DE OCA, Alvaro	01		27.22	31.06	34.81	36.37	2:09.46		
13.	C.N. Aguacan 1		C.N. Aguacan					8:37.71	8,00	-
	CERPA CABALLERO, Jonay Salvador	99		28.56	31.72	32.21	29.70	2:02.19		
	HENRIQUEZ HERNANDEZ, Rafael	87	0.00	30.62	33.57	34.28	34.01	2:12.48		
	GOMEZ RODRIGUEZ, Daniel	09	0.00	30.06	33.96	35.35	35.34	2:14.71		
	DOS REIS SANTANA, Alejandro	04	-0,24	28.82	32.61	33.77	33.13	2:08.33		
14.	Cn.Salinas Sta.Lucia 1		Cn.Salinas Sta.Lucia					8:55.07	6,00	-
	GAURISHANKER NAVARRO, Elgin	08		31.75	35.02	35.99	36.63	2:19.39		
	SANTANA RAMIREZ, Adrian	08	0.00	31.28	34.81	36.24	35.40	2:17.73		
	LOPEZ GARCIA, Andreas	98	0.00	29.39	31.22	32.81	33.33	2:06.75		
	VILLANUEVA JODKO, Aleksander	08	0.00	28.86	32.84	34.52	34.98	2:11.20		
15.	C.D. N. Bentacu-Laguna 1		C.D. N. Bentacu-Laguna					9:19.11	4,00	-
	GONZALEZ BAIK, Ángel Nuri	04		29.18	32.69	33.60	33.75	2:09.22		
	DÍAZ GARCÍA, Guillermo	06		33.05	38.82	39.83	38.58	2:30.28		
	KEY RAMÍREZ, Octavio José	10		30.04	34.89	36.14	35.38	2:16.45		
	OLIVER GARCÍA, Jesús	05		31.30	35.77	37.92	38.17	2:23.16		
16.	C.D. Nonadamos 1		C.D. Nonadamos					9:41.59	2,00	-
	PEREZ CERVILLA, Daniel	07		32.92	35.40	36.45	35.21	2:19.98		
	VIERA VIERA, Acoran	03		31.21	34.91	36.18	35.66	2:17.96		
	RIOS ROMERO, Joaquín	04		32.78	38.03	44.26	44.60	2:39.67		
	ELVIRA GLAUBITZ, Alejandro	00		33.66	36.85	37.18	36.29	2:23.98		

Prueba 22
02/12/2023

Fem., 4 x 100m Libre

Absoluto Femenino
Resultados

Clasificación

Tiempo

1.	C.D.N. Nadamas Las Marinas 1				C.D.N. Nadamas Las Marinas		4:06.42	38,00	-
	DENBY, Kennedy Hope	05	29.32	59.68	JAEN SERRA, Naira	08	29.44	1:01.65	
	GOPAR CORDOBEL, Lily Jeanne	07	30.25	1:04.67	VAZQUEZ HDEZ, Lucia	06	28.88	1:00.42	
2.	C.N. Reales 1				C.N. Reales		4:07.13	32,00	-
	LABRADOR CASTILLA, Paula Daoiz	05	29.71	1:01.81	LOPEZ GARCIA, Lorena	04	30.53	1:04.93	
	WOLGESCHAFFEN FERNANDEZ, F09ricia	29.46	1:02.07		WOLGESCHAFFEN FERNANDEZ, S06ia		27.23	58.32	
3.	C.N. Las Palmas 1				C.N. Las Palmas		4:10.11	28,00	-
	BELLO CODINA, Julia		29.33	1:01.41	ZEMIER, Natalia	0.00	29.21	1:02.14	
	RUIZ REYES, Raquel	0.00	29.33	1:01.16	PULIDO SOSA, Valeria	0.00	30.91	1:05.40	
4.	C.N. Aguacan 1				C.N. Aguacan		4:15.52	26,00	-
	ROMERO BASTERRECHEA, Paula		29.48	1:00.85	HERNÁNDEZ CASTRILLO, Yessir	0.00	31.01	1:05.01	
	SUÁREZ MACÍAS, Gabriela	0.00	30.60	1:04.82	CERPA CABALLERO, Xiomara M0	0.00	30.96	1:04.84	
5.	Esna Lanzarote 1				Esna Lanzarote		4:17.21	24,00	-
	PEREZ MUÑOZ, Claudia		30.70	1:03.98	CARDENOSA PARRALEJO, Paul0	0.00	32.18	1:08.65	
	NAVARRO OLIVEROS, Micaela	0.00	31.45	1:04.48	RJO MARTIN, Sara	0.00	28.70	1:00.10	
6.	C.B. Dominicas Vistabella 1				C.B. Dominicas Vistabella		4:21.31	22,00	-
	GARRIDO ALONSO, Lucia	09	30.29	1:04.95	GONZÁLEZ QUINTANA, Valeria	08		1:05.07	
	ORTEGA GUTIÉRREZ, Eugenia	11	31.63	1:06.78	DUQUE BROUARD, Elena	10	31.42	1:04.51	
7.	A.D. Santa Cruz 1				A.D. Santa Cruz		4:22.84	20,00	-
	SANCHEZ CABAÑAS, Naira	00	29.68	1:02.95	HERNANDEZ ALMENARA, Laia	08	31.68	1:06.69	
	CALVICHE FERNANDEZ, Nazaret	87	32.18	1:06.05	HERNANDEZ ALMENARA, Nerea	07	32.27	1:07.15	
8.	C.N. Los Cristianos 1				C.N. Los Cristianos		4:26.70	18,00	-
	RODRIGUEZ COLMENARES, Bella 09ia	32.05	1:06.31		JUGLAIR, Loane	07	32.61	1:08.37	
	SAIZ PEREZ, Mar	08	31.44	1:05.22	MOURE GAO, Natalia	11	31.25	1:06.80	
9.	Cn.Faynagua C. Telde 1				Cn.Faynagua C. Telde		4:28.35	16,00	-
	DIAZ RODRIGUEZ, Grisela		31.61	1:06.43	GIMENEZ CASTILLA, Maria	0.00	33.14	1:09.19	
	PULIDO MAYOR, Sheila	0.00	30.41	1:02.84	SANTANA FLORES, Ainhua	0.00	32.84	1:09.89	
10.	Cn.Salinas Sta.Lucia 1				Cn.Salinas Sta.Lucia		4:31.83	14,00	-
	QUESADA GARCIA, Yanel		31.51	1:05.37	FERNANDEZ ANDRES, Lola	0.00	31.57	1:07.02	
	PEREZ RIVERO, Emma	0.00	33.62	1:13.08	LOPEZ SOSA, Carla	0.00	31.86	1:06.36	
11.	C.D. N. Bentacu-Laguna 1				C.D. N. Bentacu-Laguna		4:34.06	12,00	-
	NODA SÁEZ, Isabel	06	29.98	1:00.87	RODRÍGUEZ GARCÍA, Iris	07	33.26	1:13.02	
	MACHIN FERNANDEZ, Martina	06	32.73	1:09.34	CALZADILLA SOCAS, Rebeca	08	33.09	1:10.83	
12.	C.D. Herbania 1				C.D. Herbania		4:40.27	10,00	-
	GARCIA GONZALEZ, Sara		31.85	1:06.33	FAJARDO SANCHEZ, Yaneli	0.00	34.97	1:13.83	
	GLENESK FLORES, Lucia	0.00	33.05	1:10.15	DIAZ CORTES, Nerea	0.00	31.72	1:09.96	
13.	C.D. Nonadamos 1				C.D. Nonadamos		4:46.70	8,00	-
	MARTIN MARTIN, Nerea	11	34.19	1:12.19	PEREZ CERVILLA, Carla	09	36.37	1:16.47	
	MELIAN MESA, Anyara	08	34.31	1:11.78	SARABIA OUBIÑA, Ariadna	08	31.81	1:06.26	
14.	R.C. Náutico De Tenerife 1				R.C. Náutico De Tenerife		4:52.16	6,00	-
	MARTIN GONZALEZ DE CHAVES, l08ria	34.70	1:11.23		DELGADO BARDON, Alicia	07	32.94	1:09.46	
	DIAZ DE LOSADA BUJAN, Silvia	12	35.69	1:15.93	AFONSO GRAU, Martina	10	35.68	1:15.54	
DSQ	C.N. Teneteide 1				C.N. Teneteide		-	-	-
	BASIL, Veronica, BASILI, Eleonora, EXPOSITO AFONSO, Maria, MORENO ARMAS, Ainara								